

Make it an **IHOP** day.™

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World Famous Pancake Combos

- Hearty Omelettes
- Breakfast Combinations
- French Toast, Waffles & Sweet Crepes
- World Famous Pancake Combos
- Savory Crepes
- Take Two Combos
- Signature Soups
- Sandwiches & Burgers
- Bacon 'N Beef™ Burgers
- Appetizers
- Fresh Salads
- Hearty Dinner Favorites
- Delicious Desserts
- 55+ Specialty Entrées
- Just for Kids
- Thirst-Quenching Beverages

Choose one of our many "SIMPLE & FIT" under 600 calorie items or use our tips on how to enjoy lower calorie versions of your favorite IHOP classics by making a few changes when you order. IHOP gives you the freedom to choose no matter what you're looking for.

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SIMPLE & FIT SIGNATURE FAVORITE

To our guests with food sensitivities or allergies: IHOP cannot ensure that menu items do not contain ingredients that might cause allergic reaction. Please consider this when ordering.

Pick-A-Pancake Combo* Your choice of two same-flavored famous pancakes. Served with two eggs, hash browns and your choice of two bacon strips or two pork sausage links. Choose from any of our famous pancake flavors.

- Original Buttermilk 960
- Strawberry Banana 1050
- **New!** CINN-A-STACK® 1090
- Harvest Grain 'N Nut® 1100
- Double Blueberry 1100
- Cinnamon Apple 970
- Chocolate Chip 1000
- Strawberry 980
- New York Cheesecake 1210

Pancake Platter Three award-winning buttermilk pancakes with your choice of four crispy bacon strips or four savory pork sausage links. 640 / 840

Rooty Tooty Fresh 'N Fruity®* Two eggs, two bacon strips, two pork sausage links and two buttermilk pancakes crowned with cool strawberry topping, warm blueberry or cinnamon apple compote and whipped topping. 850

SIMPLE & FIT Blueberry Harvest Grain 'N Nut® Combo Two Harvest Grain 'N Nut® pancakes loaded with blueberries and topped with fresh slices of banana. Served with scrambled egg substitute. 560 Calories

Two x Two x Two* Two eggs with two buttermilk pancakes and two crispy bacon strips or two saucy pork sausage links. 640 / 740

SIMPLE & FIT Two x Two x Two Scrambled egg substitute with two buttermilk pancakes and two strips of turkey bacon. 400 Calories

Three Eggs & Pancakes* Three eggs served with three fluffy buttermilk pancakes.

With your choice of:

- Four Bacon Strips 810
- Four Turkey Bacon Strips
- Four Pork Sausage Links

Pancake Flavors

Double Blueberry Pancakes Four buttermilk pancakes filled with blueberries, topped with warm blueberry compote and whipped topping. 800

Chocolate Chip Pancakes Four rich, chocolate batter pancakes filled with chocolate chips and topped with powdered sugar and whipped topping. 720

New! CINN-A-STACK® Pancakes A stack of four fluffy buttermilk pancakes layered with a luscious cinnamon roll filling, drizzled with rich cream cheese icing and topped with whipped topping. 890

New York Cheesecake Pancakes Four fluffy buttermilk pancakes loaded with creamy, rich cheesecake pieces and crowned with cool strawberries, powdered sugar and whipped topping. 1100

Strawberry Banana Pancakes Four pancakes filled with slices of banana and crowned with cool strawberries, more banana slices and whipped topping. 760

Harvest Grain 'N Nut® Pancakes Four pancakes made with hearty grains, wholesome oats, almonds and English walnuts. 920
~~With warm blueberry or cinnamon apple compote and whipped topping.~~

Original Buttermilk Pancakes Five award-winning buttermilk pancakes with authentic country flavor. 770

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Pick-A-Pancake Combo (pictured with Double Blueberry Pancakes)



CINN-A-STACK® Pancakes



SIMPLE & FIT Blueberry Harvest Grain 'N Nut® Combo



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RESTAURANT

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French Toast, Waffles & Sweet Crepes

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New! Create Your Own Viva La French Toast Combo* Your choice of French toast below served with two eggs, hash browns and your choice of two bacon strips or two pork sausage links.
 • Original 1250 • Strawberry 1270 • ~~Whole Wheat with Banana Slices~~
 • Strawberry Banana • Cinnamon Apple • **New!** CINN-A-STACK® 1380
 • Blueberry 1280

Stuffed French Toast Combo* Cinnamon raisin French toast with a sweet cream filling, crowned with your choice of cool strawberry topping, warm blueberry or cinnamon apple compote and whipped topping. Served with two eggs, hash browns, two bacon strips or two pork sausage links. 1130

Strawberry Banana French Toast Six French toast triangles with cool strawberries, fresh banana slices and whipped topping. 1060

SIMPLE & FIT Whole Wheat French Toast Combo Two slices of whole wheat French toast topped with fresh slices of banana. Served with scrambled egg substitute and two strips of turkey bacon. 490 Calories

New! CINN-A-STACK® French Toast A stack of three slices of thick-cut French toast layered with a luscious cinnamon roll filling, then drizzled with rich cream cheese icing and topped with whipped topping. 1120

Original French Toast Six fluffy triangle-shaped slices topped with whipped butter and powdered sugar. 920

New! Belgian Waffle Combo* Our Belgian waffle served with two eggs and your choice of two bacon strips or two pork sausage links. With cool strawberry topping, warm blueberry or cinnamon apple compote. 890

~~Also available: Belgian Waffle Topped with whipped butter. Or crowned with your choice of cool strawberry topping, warm blueberry or cinnamon apple compote and whipped topping.~~

New! Strawberry Banana Danish Fruit Crepes Two delicious crepes filled with an authentic Danish combination of cool strawberries and rich sweet cream cheese. Topped with cool strawberries, fresh slices of banana and whipped topping. 970

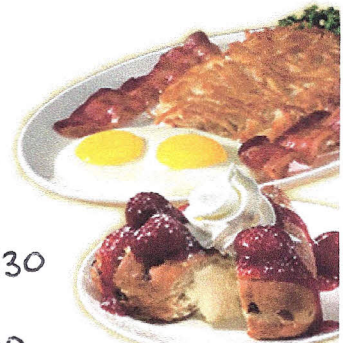
Nutella® Crepes Three egg batter crepes filled with "the original creamy, chocolaty hazelnut spread"™ Nutella® and fresh slices of banana, topped with cool strawberry topping and whipped topping. 910

Swedish Crepes Four delicate crepes with lingonberries and lingonberry butter. 930

International Crepe Passport* Two eggs, two crispy bacon strips and two pork sausage links served with your choice of crepe below.
 1100 • Nutella® Crepes • Strawberry Banana • **New!** Fresh Fruit Crepe 860
 1030 • Swedish Crepes • Danish Fruit Crepe 1000

New! **SIMPLE & FIT Seasonal Fresh Fruit Crepes** Two crepes topped with fresh fruit, low-fat strawberry yogurt and granola. 580 Calories

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Stuffed French Toast Combo



Belgian Waffle Combo



International Crepe Passport with Fresh Fruit Crepe



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Breakfast Sampler* Two eggs, two bacon strips, two pork sausage links, two pieces of ham, hash browns and two fluffy buttermilk pancakes. **1180**

T-Bone Steak & Eggs* A mouthwatering USDA Select steak served with three eggs and three buttermilk pancakes. **1250**

Sirloin Tips & Eggs* Grilled, tender, sweet and savory USDA Select sirloin tips with grilled onions and mushrooms. Served with two eggs, hash browns and two buttermilk pancakes. **1350**

New! Country Fried Steak & Eggs* An 8 oz. fried beef steak smothered in country gravy. Served with two eggs, hash browns and two buttermilk pancakes.

Smokehouse Combo* Two smoked sausage links served with two eggs, hash browns and two buttermilk pancakes. **1340**

New! Biscuits & Gravy Combo* Two fluffy buttermilk biscuits topped with four sausage links and country gravy. Served with two eggs and hash browns. **1420**

Split Decision Breakfast* A hearty combination of two eggs, two crispy bacon strips, two pork sausage links, two triangles of French toast and two buttermilk pancakes. **1170**

Thick-Cut Bone-In Ham & Eggs* A 10 oz. hickory-smoked ham steak served with two eggs, hash browns and two fluffy buttermilk pancakes. **1170**

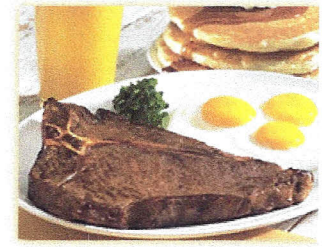
Quick Two-Egg Breakfast* Two eggs, hash browns, toast, plus two crispy bacon strips or two savory pork sausage links. **1160 / 1260**

● **SIMPLE & FIT Two-Egg Breakfast** Scrambled egg substitute, two strips of turkey bacon, whole wheat toast and fresh fruit. **350 Calories**

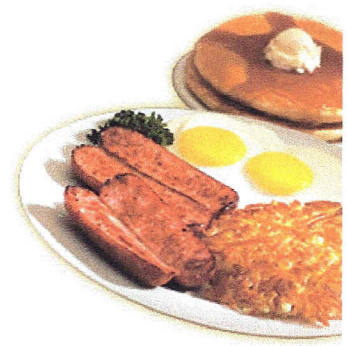
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Breakfast Sampler



T-Bone Steak & Eggs



Smokehouse Combo